

ジーバーイングリッシュ シャドーイング用

第7章 B1の入り口へ (STEP151~180)

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第7章 B1の入り口へ STEP151~180

ここまでのすべてを使って、身のまわりのことを短く話し続けられるように。

STEP 151 心に残った旅 (夜)

第7章のはじまり。夜の居間で、これまでの旅をふり返っています。

ケン What trip do you remember the most?

アッコ Probably our trip to Hokkaido.

ケン Why was it so special?

アッコ Because the scenery was beautiful, and we had a lot of fun together.

STEP 152 昔と今 (夕方)

夕方の縁側で、暮らしがどう変わったかを話しています。

アッコ Do you think life is different now?

ケン Yes, in many ways.

アッコ What has changed the most for you?

ケン I have more free time now, so I can enjoy my hobbies more.

STEP 153 やってよかったこと (昼)

昼下がりの居間で、これまでを少しふり返っています。

ケン Is there something you're glad you tried?

アッコ Yes. I'm glad I started learning new things.

ケン Why?

アッコ Because it keeps life interesting and gives me new goals.

STEP 154 失敗から学ぶ (夜)

夜の食卓で、うまくいかなかったときの話になりました。

アッコ Have you ever made a mistake that taught you something?

ケン Of course. Many times.

アッコ What did you learn?

ケン I learned that it's better to ask for help than to worry alone.

STEP 155 うれしかったこと (昼)

昼下がりの食卓。アッコの手には、携帯があります。

ケン What made you happy recently?

アッコ I got a message from an old friend.

ケン Had you talked to her recently?

アッコ No, so I was really happy to hear from her.

STEP 156 体のためにしていること (朝)

朝の食卓で、日ごろ気をつけていることを話しています。

アッコ What do you do to stay healthy?

ケン I try to walk every day.

アッコ Do you think it helps?

ケン Yes. I feel better when I get some exercise.

STEP 157 学びつづける理由 (夕方)

夕方の居間。ケンが、アッコの学ぶ姿勢についてたずねます。

ケン Why do you like learning new things?

アッコ Because I don't want to stop growing.

ケン Is there anything you want to learn next?

アッコ Yes. I'd like to improve my English and travel more.

STEP 158 思いどおりにいかないとき (昼)

昼の食卓。予定が崩れた日のことを話しています。

アッコ What do you do when things don't go as planned?

ケン I try not to worry too much.

アッコ Is that easy for you?

ケン Not always, but I try to find another way.

STEP 159 もし行けるなら (夜)

夜の居間。もし選べるとしたら、という話をしています。

ケン If you could travel anywhere, where would you go?

アッコ I'd love to visit Europe.

ケン What would you like to do there?

アッコ I'd like to see old towns and talk to local people.

STEP 160 時間をつくりたいこと (夜)

夜の居間。これから何に時間を使いたいかを話しています。

アッコ What do you want to make more time for?

ケン I want to spend more time doing things I enjoy.

アッコ Like traveling and building trains?

ケン Exactly. And spending time with you, of course.

STEP 161 できるようになったこと (昼)

昼の食卓。この一年でできるようになったことを話しています。

ケン Is there something you can do now that you couldn't do before?

アッコ Yes. I can understand more English than before.

ケン What helped you improve?

アッコ Practicing a little every day really helped.

STEP 162 昔の夢 (夕方)

夕方の居間。ケンの棚に並ぶ鉄道模型を見ながらの話です。

アッコ What did you want to be when you were young?

ケン I wanted to be a train driver.

アッコ Really? Why?

ケン Because I loved trains even when I was a child.

STEP 163 今だからできること (昼)

昼下がりの縁側で、今の暮らしのよいところを話しています。

ケン Is there something you can enjoy more now?

アッコ Yes. I have more time for myself.

ケン What do you usually do with that time?

アッコ I read, meet friends, and try new things.

STEP 164 いちばんの思い出 (夜)

夜の居間で、古い写真を見返しています。

アッコ What is one of your favorite memories?

ケン Our first trip together.

アッコ What do you remember most?

ケン I remember getting lost and laughing about it all day.

STEP 165 ちょっとこわいこと (夕方)

夕方の食卓。まだ踏み出せずにいることの話です。

ケン Is there something you're a little afraid to try?

アッコ Maybe traveling abroad by ourselves.

ケン Do you still want to try it?

アッコ Yes. I think it would be a great experience.

STEP 166 困ったときは (昼)

昼の食卓。困りごとにどう向き合うかを話しています。

アッコ What do you do when you have a problem?

ケン First, I try to stay calm.

アッコ And then?

ケン I think about what I can do and ask for help if I need it.

STEP 167 人と会うこと (夕方)

夕方の居間で、人とのつながりについて話しています。

ケン Do you think meeting people is important?

アッコ Yes, very important.

ケン Why do you think so?

アッコ Because talking with different people gives us new ideas.

STEP 168 続けるコツ (朝)

朝の食卓。長く続けるための工夫を話しています。

アッコ How do you keep doing something for a long time?

ケン I try not to do too much at once.

アッコ Does that work for you?

ケン Yes. Small steps are easier to continue.

STEP 169 英語が話せたら (夜)

夜の居間。英語が上達したら何をしたいか、という話です。

ケン What would you like to do if your English gets better?

アッコ I'd like to talk with people when we travel.

ケン Would you like to make friends, too?

アッコ Of course. That would make traveling even more fun.

STEP 170 十年後の二人 (夜)

夜の居間。少し先の話を、静かにしています。

アッコ What do you hope we'll be doing ten years from now?

ケン I hope we're still traveling and learning new things.

アッコ That sounds good to me.

ケン As long as we're healthy, I think we should keep enjoying life.

STEP 171 このごろ考えること (夕方)

夕方の縁側。このごろ心にあることを、ゆっくり話しています。

ケン Is there anything you've been thinking about lately?

アッコ Yes. I've been thinking about how I want to spend my time.

ケン Have you decided anything?

アッコ I want to spend more time doing things that really matter to me.

STEP 172 変わったこと (夜)

夜の居間。年を重ねて自分がどう変わったかを話しています。

アッコ Do you think you've changed over the years?

ケン Yes, I think so.

アッコ In what way?

ケン I worry less now and try to enjoy things as they are.

STEP 173 やり直せるなら (夜)

夜の居間。もしやり直せるとしたら、という話です。

ケン If you could do one thing differently, what would it be?

アッコ I think I would travel more when I was younger.

ケン Why?

アッコ Because traveling teaches you things you can't learn from books.

STEP 174 いつか行きたい旅 (夕方)

夕方の食卓。地図を広げて、まだ見ぬ旅の話をしています。

アッコ Is there a trip you'd really like to take someday?

ケン Yes. I'd like to travel around Europe by train.

アッコ What interests you most about it?

ケン I'd like to see the scenery and visit different cities along the way.

STEP 175 英語を学んでよかったこと (昼)

昼の食卓。英語を続けてきて、何が変わったかを話しています。

ケン What do you like about learning English?

アッコ It gives me more confidence when we travel.

ケン Has it changed how you feel about speaking to people?

アッコ Yes. I'm still nervous sometimes, but I'm more willing to try.

STEP 176 結局、いい日だった (夜)

夜の居間。予定が狂った旅の思い出を話しています。

アッコ Have you ever had a trip that didn't go as planned?

ケン Yes. Once our train was canceled.

アッコ What did you do?

ケン We changed our plans, and in the end, we still had a great day.

STEP 177 初めての人と話す (昼)

昼の食卓。知らない人と話すのが得意かどうか、という話です。

ケン Do you enjoy talking to people you don't know?

アッコ Sometimes. It depends on the situation.

ケン What makes it easier for you?

アッコ When the other person smiles, I feel more comfortable.

STEP 178 学びつづける (夕方)

夕方の縁側。これからも学び続けるかどうか、という話です。

アッコ Do you think you'll keep learning new things?

ケン Definitely.

アッコ Why is that important to you?

ケン Because learning gives me something to look forward to.

STEP 179 二人で叶えたいこと (夜)

夜の居間。二人でしてみたいことを、口に出しています。

ケン Is there something you'd like us to do together someday?

アッコ I'd like us to take a long trip abroad.

ケン Where would you like to go?

アッコ Anywhere is fine, as long as we can enjoy the journey together.

STEP 180 これからも一緒に (夜)

最終回。夜の居間で、英語を始めたころをふり返っています。

アッコ Do you remember when we started learning English?

ケン Of course. We could only say a few simple things.

アッコ And now we can talk about so much more.

ケン Yes. Let's keep learning and enjoying new adventures together.